

# Learn About Gemstones



Energy Muse Jewelry is intended to balance the body through the healing properties of gemstones and crystals. For thousands of years, ancient civilizations have utilized their power to release mental, physical and spiritual blockages thus facilitating the free flow of energy throughout the body. At a cellular level the human body and quartz crystal are both made up of the mineral silicon dioxide. This is why we are naturally receptive to the vibrations of crystals as they transmit, reflect, store light and receive energy. When gemstones are placed on the body, they have a powerful vibratory effect that surges from the stone to the individual who embraces its energy. According to the law of physics, thought directs energy and energy follows thought. Each energy piece is a vehicle to help the thoughts of our consciousness connect with our body.

**Abalone** is considered by ancient civilizations to be a gift from the sea, connecting and healing to the heart.

**Agate** is a very powerful healing stone that emits energy of strength, power and courage. Agate has a cleansing and stabilizing effect on the body.

**Amazonite** brings clarity, balance and insight and is soothing to the nerves.

**Amber** promotes a sunny, carefree and optimistic attitude. It enhances motivation, drive and stimulates happiness. Believed to increase strength and attract success, amber has a soothing effect on the body.

**Amethyst** is a stone of spirituality and contentment. It has the ability to absorb negative energy while emitting positive energy. It is considered a stone of wisdom as it increases one's psychic awareness. Amethyst is worn to enhance intuition, inspire creativity and encourage peace and stability.

**Ametrine** is a mixture of amethyst and citrine. Helps one to reach higher states of awareness, leading to peace, tranquility and balance. Facilitates in removing negative energy blocks in the body and replaces them with pure light.

**Apatite** is a stone of health, clarity and peace, it promotes the attitude that one's strength and willpower comes through love.

**Aquamarine** clears the mind and balances the emotions while strengthening personal power. It encourages a connection with the higher and spiritual self. Worn for good health, luck and love.

**Aventurine-Green** is nurturing to the heart and brings joy and acceptance. Evokes a positive attitude and a state of well-being.

**Aventurine-Red** inspires creativity and encourages balance and personal power.

**Azurite** has a purifying quality on the body and is worn to strengthen the mind and sharpen one's will. It promotes goodness, creativity and self confidence and helps to determine illusion vs. reality. Excellent to wear while studying and is good for communication, transformation and intuition.

**Bloodstone** is worn to lengthen life, attract wealth, strengthen confidence and increase physical strength.

**Blue Ray Blue** has the power to cleanse the mind, calm the soul, and balance mental functions. It encourages self expression.

**Carnelian** brings good luck and opportunity, awakens talents within and encourages creative visualization. It provides protection and was referred as the protection stone to warriors. Carnelian dispels apathy, helps to increase motivation, energy and endurance. It is a stone of strength, self-worth and satisfaction and helps to open doors while bringing joy, confidence and happiness.

**Charoite** assists in grounding the spiritual self and awakens intellect. It aligns the energy of love in the heart and the higher spiritual dimensions of the crown chakra together.

**Chinese Coin** The coin is an ancient symbol that possesses the power to draw good fortune. The round shape of the coin symbolizes heaven and the internal square represents earth.

**Citrine** does not hold negative energy, rather it dissipates and transmutes energy. Citrine is referred to as the "merchant stone" because it helps to acquire prosperity. It is great for problem solving as it energizes and strengthens the solar plexus. It is a stone of happiness, openness, light, optimism and fresh beginnings. It also helps with depression.

**Double Happiness Symbol** (on love necklace) - This symbol is considered one of the most powerful for attracting marriage and luck in relationships.

**Fluorite** stabilizes the mind and emotions. Helps to align with the universe, releasing any negative energy that holds one back from being peaceful.

**Ganesh** is a Hindu god that is known as the remover of obstacles. He helps individuals to learn from their experiences so they can become stronger, wiser and open to opportunities that are often guarded by obstacles. It is believed that Ganesh blesses travelers, protects the wearer and assist in new ventures.

**Garnet** is a stone of health and energy. It is a lucky stone for love, success and popularity. Helps to move the chi and energy flow in the body and stimulates physical activity. Garnet is known as the "stone of health" because it dissolves emotional blockages in the body.

**Green Ray** Green represents abundance, renewal, growth and nature. It is a harmonizing, balancing and calming color. Green is a healing color that gives healing energy to the heart.

**Green Tourmaline** possesses a masculine energy that is filled with compassion.

**Hematite** grounds energy and encourages focus and original thinking. It assists in balancing the mind, body and spirit. Hematite helps to enhance endurance and strengthen memory. It is protective, calming and cleansing to the body and is a strengthening stone that helps the wearer connect to the earth, leaving them feeling safe, secure and grounded.

**Hessonite** strengthens self-confidence and encourages one to reach for their dreams. Iolite attracts friends and releases an energy of leadership and self-confidence. It helps the wearer to take charge of their life and broaden their perspective, leading to success in their endeavors.

**Iolite** also helps to eliminate debt by encouraging the wearer to take responsibility on how to manage finances.

**Jade** is considered a powerful lucky charm. Jade is believed to improve vitality and is associated with wisdom, peace and harmony.

**Jasper** (red) is a nurturing and healing gemstone. It stimulates physical energy, vitality and circulation and has a stabilizing effect on the body.

**Kyanite** encourages the wearer to be all they can be. It is good for uplifting one's mood and encourages a state of bliss by allowing the wearer to express happiness. Kyanite also calms the throat chakra which is the center of expression on the body. It helps to clear energy blockages and align the chakras.

**Labradorite** clears and opens the crown chakra by stimulating the wearer's intuition.

**Lapis Lazuli** is believed to have existed since "before time was born". It is a stone of wisdom, awareness and perfection. Is worn to make the wearer more aware and to encourage a state of serenity.

**Lepidolite** is a stone of transition. Malachite is an overall healing stone that stimulates and balances the heart chakra. It facilitates the release of negative experiences so one can heal and regain hope. It is very inspiring, purifying and compassionate and attracts love by opening the heart.

**Malachite** expands the ability to love and draw love to the wearer, allowing them to communicate more easily.

**Moonstone** assists with greater clarity and light while opening doors to one's inner capabilities. It is considered a talisman for good fortune and success as it helps the wearer to see all possibilities and discard tunnel vision. Moonstone stimulates confidence and is worn by travelers for protection. It is also believed to increase fertility and honors the energy of the moon. It is a very feminine stone.

**Moss Agate** is worn to attract new friends, wealth and happiness. Helps to make the wearer extremely lucky. It also strengthens the immune system and brings overall balance to the body.

**Onyx** is worn for protection and inspiration. Helps to calm one's fears, leaving them feeling stable and secure. It releases negativity while encouraging self-control.

**Orange Ray** Orange represents confidence, joy and enthusiasm. A color that is sociable, creative and fun, orange is self assured, cheerful and independent.

**Peridot** is an excellent stone for cleansing, healing and aligning the heart chakra. It releases energy of softness and warmth and is nurturing to the wearer.

**Pink Tourmaline** promotes love, joy, peace, friendship and spirituality. Allows the wearer to trust in the power of love.

**Purple Ray** Purple represents transformation, creativity and spiritual awareness. It is a protective, wise and a royal color. Purple is associated with intuition and the mystical side of life.

**Pyramid Pendant** (on clarity and inner light) - The shape of the pyramid amplifies, protects and assists in focusing energy. It is symbolic of the trinity of mind, body and spirit.

**Quan Yin** is the Goddess of mercy and compassion.

**Quartz Crystal** (clear) is a stone of manifestation that energizes and activates the energy centers within the body. It helps the wearer to think clearly, allowing them to focus and become clear about their dreams and desires. Assisting with spiritual development, quartz crystal assists in removing blockages in the body so energy can flow smoothly.

**Rose Quartz** is a stone of love that helps to open the heart and connect to the energy of love. It is rejuvenating to both the physical and emotional body and assists the wearer to remain present, calm and peaceful.

**Rutilated Quartz** is an energy enhancer because it enhances the energy of other stones that it is with. It stimulates movement while aligning mind and body. The Egyptians believed that it helps to fend off the effects of aging. Rutilated quartz contains thin threads of minerals that are referred to as "angel threads." Because it contains angel threads, it is believed to attract angels to the wearer.

**Smokey Quartz** is a stone that helps to ground and connect the wearer to the earth, allowing them to keep their feet on the ground and remain balanced. It assists in removing mental and emotional blockages, relieving pain and dispersing negativity from the body. It is worn for emotional support and helps to dissolve anger and resentment.

**Sugilite** is a stone of openness, spirituality and psychic awareness. It fortifies our sixth sense by integrating psychic abilities with everyday life. Sugilite helps the wearer to believe in themselves and increases their ability to stay committed in both personal and work relationships. It is a very magical stone. Sunstone is healing to the body during times of high stress and serious illness.

**Sunstone** promotes a sunny and positive attitude, encourages self-worth and self-esteem. It also enhances motivation and drive by adding extra energy to the physical body.

**Tiger's Eye** is a stone of courage, strength, will and personal power. It is very sensual, grounding and insightful and is considered a good luck stone. It is worn to help promote energy flow through the body and because it encourages stability and support through stressful times. It also helps digestion and overall health.

**Tourmaline** balances female and male energies within the body. It is a powerful healer that helps to let go of pain and uncertainty by assisting in balancing the heart chakra.

**Turquoise** is a master healing stone that helps to strengthen the entire body. It is often called the "stone of health." Turquoise helps to sooth the throat and nervous system. It promotes health, peace and inner calm and is worn for communication, luck and love.

**Unakite** is worn to assist the wearer in unlocking blockages to help them deal with issues of the past so they can live in the present, in the now. It is a stone of leadership that encourages growth, gentleness and love.

**Yellow Ray** Yellow represents happiness, clarity and sunlight. A stimulating, joyous and intelligent color, yellow is optimistic, confident and full of self esteem.

